

How to Cut and Stitch a Kalidaar Kurta

Cutting and stitching a kalidaar kurta involves creating multiple panels or 'kalis' for a flowing, elegant silhouette.

Materials Needed:

- Fabric (3-4 meters depending on length and size)
- Measuring tape, chalk/marker, scissors
- Sewing machine, thread, pins, and essentials

Measurements Required:

1. Shoulder width
2. Chest/bust circumference
3. Waist circumference
4. Hip circumference
5. Full kurta length
6. Sleeve length
7. Armhole depth

Steps to Cut and Stitch:

1. Plan the Panels (Kalis):

- Decide the number of kalis (e.g., 6, 8, or 12) for desired flare.
- A kalidaar kurta includes a center panel (front and back) and side panels (kalis).

2. Draft the Pattern:

- Center Panel: Width at the top is half the chest circumference divided by 2 (+1-2 inches for ease).
- Side Panels: Narrow at the top (1-2 inches) and wide at the bottom (for flare).

3. Cutting the Fabric:

- Mark the fabric and cut the center and side panels accordingly.
- Cut sleeves if needed.

4. Stitching the Kurta:

- Assemble the Kalis: Stitch the side panels to the center panels.
- Join Front and Back: Stitch the shoulders and add darts if necessary.
- Shape the Neckline: Cut and finish the neckline with bias tape.
- Attach Sleeves: Join sleeves to the armholes (optional).
- Finish the Sides: Stitch the sides of the kurta.
- Hem the Bottom: Fold and stitch the bottom edge.

Tips:

- Add more kalis (e.g., 12-16) for a dramatic flare.
- Use contrasting fabric for a trendy look.
- Press seams while stitching for a clean finish.